

Risk of hypertension with bevacizumab, an antibody against vascular endothelial growth factor A: a systematic review and meta-analysis

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ABSTRACT

Bevacizumab, a humanized antibody against VEGF, is effective in the treatment of patients with many cancers. However, as with many therapeutic agents, significant side effects are associated with bevacizumab, Hypertension is one of the predominant toxicity. We performed a systematic review and meta-analysis of published clinical trials of bevacizumab to quantify the risk of hypertension. 15 studies following PRISMA guidelines and matching inclusion and exclusion criteria were collected in which a group of patients were either treated with Bevacizumab and a concurrent chemotherapy and another group treated with Placebo and the same chemotherapy. Relative risk (RR) was calculated. $P < 0.05$ was considered statistically significant. RevMan 5.3 software was used for the analysis. A total of 13,070 patients were included. Bevacizumab was associated with a significant increased risk of overall hypertension (RR=3.509; 95% C.I:2.451 to 5.023). 11 trials are included for determining the risk of Grade 3 hypertension including 8799 patients with a significant increased risk (RR=3.909; 95% C.I:1.983 to 7.707). 7 trials are included for determining the risk of hypertension at low dose (2.5 mg/kg/cycle) including 3691 patients associated with a significant increased (RR=2.640; 95% C.I: 1.408 to 4.950). 10 trials are included for determining the risk of hypertension at high dose (5 mg/kg/cycle) including 9379 patients associated with a significant (RR=4.036; 95% C.I: 2.948 to 5.525). Our meta-analysis has demonstrated that bevacizumab may be associated with a significantly increased risk of hypertension in patient with a variety of metastatic solid tumors irrespective of dosing.

Keywords: Bevacizumab, Anti-cancer, Placebo, Hypertension

INTRODUCTION

Tumor angiogenesis is critical for tumor progression. The vascular endothelial growth factor (VEGF) promotes angiogenesis and over expression of the VEGF has been correlated with poor prognosis in various malignancies.^{1,2} There are 2 main targets in the VEGF signaling pathway: VEGF ligands and VEGF receptors (VEGFRs). Bevacizumab, a humanized antibody against VEGF, is effective in the treatment of patients with many cancers, such as metastatic colorectal cancer, non-small-cell lung cancer, and breast cancer, shown by several phase III

studies.¹⁻⁴ There also are promising phase II clinical trials in patients with pancreatic cancer, renal cell cancer, and prostate cancer. However, as with many therapeutic agents, significant side effects are associated with bevacizumab, including thrombosis, wound-healing complications, bleeding, gastrointestinal perforation, and renal toxicity. Hypertension is the predominant toxicity.³ Severe hypertension including hypertensive crisis may cause significant cardiovascular damage with a possible life-threatening consequence, and limit the use of bevacizumab. The incidences of high-grade (grade 3-4) hypertension in patients receiving bevacizumab varied

substantially among clinical trials.⁴ The overall risk hypertension in patients with cancer on bevacizumab therapy is unclear. We performed a systematic review and meta-analysis of published clinical trials of bevacizumab to quantify the risk of hypertension. The use of Bevacizumab in cancer has been increasing nowadays in India, due to lack of many systematic reviews determining the risk of this novel anticancer agent we decided to perform a meta-analysis.

METHODS

Step 1: Identification and literature search

The search was done based on preferred reporting system for meta-analysis and systemic review (PRISMA) guideline.⁵ All the scientific database like clinical trials.gov, Pub med central, NCBI, NIH, Cochrane Library and Google scholar were used for search cancer, Bevacizumab, side-effects, hypertension. All the trials published after January 2004 to till date were included in search.

Step 2: Criteria for selection of studies

All study related randomised controlled trials (RCTs) using either:

- An adequate method of allocation concealment (e.g. sealed opaque envelopes),
- Studies that were double-blind, single-blind or unblinded,
- Studies that were in Phase 2 or Phase 3 trial were only included.

Step 3: RCT enrolment criteria

Inclusion criteria

Inclusion criteria were the study must include the participants greater than or equal to 18 years of age; the studies which included bevacizumab plus a concurrent therapy and placebo with a concurrent therapy were only included; the dose of bevacizumab should be 2.5 mg/kg/week or 5 mg/kg/week.

Exclusion criteria

Exclusion criteria were studies including patients prior treated with bevacizumab or another drug that targets VEGF-A pathway or other malignancies within 5 years (unless low risk of recurrence); also the studies with history of abdominal fistula, gastrointestinal perforation, intra-abdominal abscess, clinical signs or symptoms of gastrointestinal obstruction, and/or requirement of parenteral nutrition, non-healing wound, ulcer. Bone fracture, bleeding diathesis, coagulopathy, known CNS disease (except for treated brain metastasis), clinically significant cardiovascular disease, a major surgical procedure within 28 days of enrollment or anticipated to

occur while participating in study were excluded from the analysis; unpublished research work or trials.

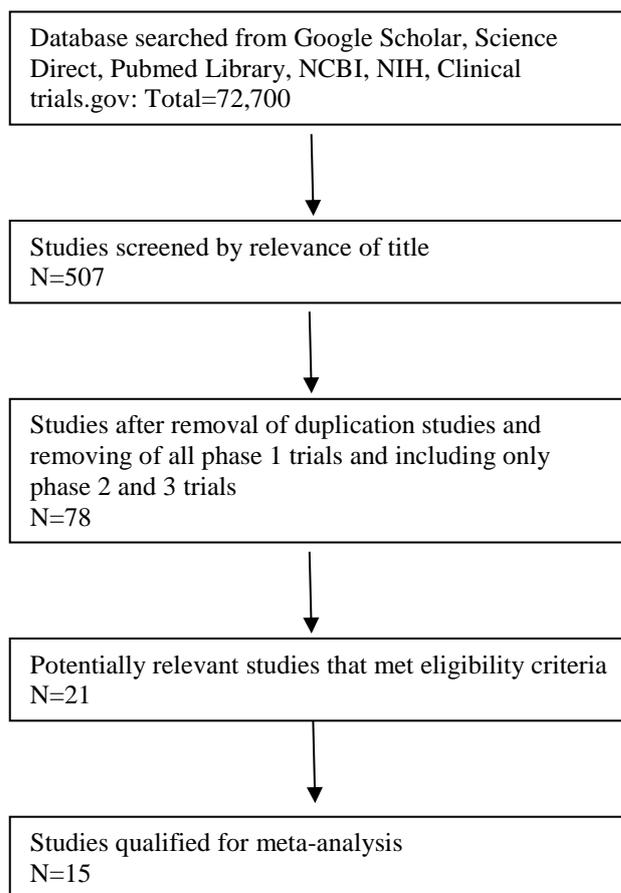


Figure 1: PRISMA flow diagram of included articles.

Step 4: Type of intervention

Patients treated by bevacizumab with concurrent chemotherapy and placebo with concurrent chemotherapy in clinical trial (phase 2 or 3) of cancer.

Step 5: Outcome measure of side effect

Outcome for measurement of Hypertension and grade was according to National Cancer Institute Common Terminology criteria version 3. Outcome was measured after 6 cycles for 6 studies and till overall survival in 9.

Step 6: Data extraction

Data were extracted from studies meeting above criteria. Those studies in which data was unclear asked from respective authors. In some studies, data could not obtain by enquiry were excluded.

Step 7: Nullification of bias

Authors assured to include studies in which allocation of both the groups were adequately randomized and there was no any conflict of interest as well as match to

inclusion and exclusion criteria. Also the concurrent treatment was same for the group with bevacizumab therapy and placebo therapy.

Step 8: Measurement of relative risk

The outcome of the occurrence of hypertension (both any grade and above grade 3) was recorded from both the groups (bevacizumab and placebo) and relative risk (RR) was calculated with 95% confidence interval and funnel as well as forest plot was obtained. RevMan®Version 5.38 was used for analysis. P value less than 0.05 were considered significant.

RESULTS

Individual searches yield total of studies, from which 15 included all grade hypertension, 11 studies included grade 3 hypertension and above, 7 studies included bevacizumab with dose 2.5 mg/kg/cycle and 10 studies included bevacizumab with dose 5 mg/kg/cycle. [The trials of Miles et al, and Reck et al, had both dosing cycles so were included in both low and high dosing regimens.^{10,18}

Table 1: Characteristics of randomized controlled clinical trials included in the meta-analysis.

Study name	Underlying malignancy	Concurrent treatment	Bevacizumab dose
Ohtsu et al ⁶	Advanced gastric cancer	Fluoropyrimidine-cisplatin	2.5 mg/kg/every week
Escudier et al ⁷	Metastatic renal cell carcinoma	Interforon alfa	5 mg/kg/week
Aghajanian et al ⁸	Recurrent epithelial ovarian, primary peritoneal, or	Gemcitabine plus carboplatin;	5 mg/kg every week
Zhou et al ⁹	Recurrent non squamous non small cell lung cancer	Pacitaxel or carboplatin	5 mg/kg every week
Miles et al ¹⁰	HER 2- metastatic breast cancer	Docetaxel	2.5 mg/kg/week
Miles et al ¹⁰	HER 2- metastatic breast cancer	Docetaxel	5 mg/kg/week
Cutsem et al ¹¹	Metastatic pancreatic cancer	Gemcitabine and erlotinib	2.5 mg/kg/week
Kabbinavar et al ¹²	Metastatic colon cancer	Bolus fluorouracil and leucovorin	2.5 mg/kg every week
Hurwitz et al ¹³	Metastatic colon cancer	Irinotecan, bolus fluorouracil, and leucovorin	2.5 mg/kg every week
Hurwitz et al ¹⁴	Metastatic colorectal cancer	Irinotecan/fluorouracil/leucovorin	2.5 mg/kg/week
Hurwitz et al ¹⁵	Metastatic colorectal cancer	Oxaliplatin-based, irinotecan based	5 mg/kg/week
Kindler et al ¹⁶	Advanced pancreatic cancer	Gemcitabine	5 mg/kg/week
Kindler et al ¹⁷	Malignant mesothelioma	Gemcitabine and cisplatin	5 mg/kg every week
Reck et al ¹⁸	Nonsquamous non-small-cell lung cancer	Cisplatin and gemcitabine	2.5 mg/kg every week
Reck et al ¹⁸	Nonsquamous non-small-cell lung cancer	Cisplatin and gemcitabine	5 mg/kg every week
Robert et al ¹⁹	HER 2- locally recurrent or metastatic breast cancer	Capecitabine, taxane, anthracycline	5 mg/kg every week
Burger et al ²⁰	Ovarian cancer	Carboplatin and Pacitaxel	5 mg/kg every week

Table 2: Characteristics of randomized controlled clinical trials included in the meta-analysis.

Study name	Trial phase	Number for analysis bevacizumab group (N)	Number for analysis placebo group (N)	Hypertension in bevacizumab group	Hypertension in placebo group
Ohtsu et al ⁶	3	386	381	24	2
Escudier et al ⁷	3	337	304	88	28
Aghajanian et al ⁸	3	247	233	43	1
Zhou et al ⁹	3	140	134	7	1
Miles et al ¹⁰	3	252	231	2	3
Miles et al ¹⁰	3	247	231	11	3
Cutsem et al ¹¹	3	296	287	60	26
Kabbinavar et al ¹²	2	100	104	32	5
Hurwitz et al ¹³	2	393	397	88	33
Hurwitz et al ¹⁴	3	109	98	37	37
Hurwitz et al ¹⁵	3	1990	1773	153	29
Kindler et al ¹⁶	3	277	263	10	3

Continued.

Study name	Trial phase	Number for analysis bevacizumab group (N)	Number for analysis placebo group (N)	Hypertension in bevacizumab group	Hypertension in placebo group
Kindler et al ¹⁷	2	53	55	23	9
Reck et al ¹⁸	3	330	327	21	5
Reck et al ¹⁸	3	329	327	28	5
Robert et al ¹⁹	3	817	413	81	4
Burger et al ²⁰	3	608	601	139	43

Table 3: Relative risk of all grade hypertension in bevacizumab versus placebo.

Study	Bevacizumab (N)	Placebo (N)	Relative risk	95% CI	z	P value	Weight (%)	
							Fixed	Random
Ohtsu et al ⁶	24/386	2/381	11.845	2.819 to 49.771			0.94	3.74
Escudier et al ⁷	88/337	28/304	2.835	1.908 to 4.213			12.34	8.37
Aghajanian et al ⁸	43/247	1/233	40.563	5.631 to 292.193			0.50	2.44
Zhou et al ⁹	7/140	1/134	6.700	0.835 to 53.732			0.45	2.25
Miles et al ¹⁰	2/252	3/231	0.611	0.103 to 3.625			0.61	2.83
Miles et al ¹⁰	11/247	3/231	3.429	0.969 to 12.137			1.21	4.32
Cutsem et al ¹¹	60/296	26/287	2.238	1.455 to 3.442			10.44	8.22
Kabbinavar et al ¹²	32/100	5/104	6.656	2.702 to 16.399			2.38	5.87
Hurwitz et al ¹³	88/393	33/397	2.694	1.851 to 3.919			13.76	8.46
Hurwitz et al ¹⁴	37/109	37/98	0.899	0.624 to 1.295			14.53	8.50
Hurwitz et al ¹⁵	153/1990	29/1773	4.701	3.177 to 6.955			12.61	8.39
Kindler et al ¹⁶	10/277	3/263	3.165	0.881 to 11.373			1.18	4.26
Kindler et al ¹⁷	23/53	9/55	2.652	1.354 to 5.193			4.29	7.02
Reck et al ¹⁸	21/330	5/327	4.162	1.588 to 10.905			2.09	5.57
Reck et al ¹⁸	28/329	5/327	5.566	2.176 to 14.237			2.19	5.69
Robert et al ¹⁹	81/817	4/413	10.237	3.777 to 27.740			1.95	5.42
Burger et al ²⁰	139/608	43/601	3.195	2.314 to 4.413			18.56	8.66
Total (fixed effects)	847/6911	237/6159	3.288	2.865 to 3.774	16.936	<0.001	100.00	100.00
Total (random effects)	847/6911	237/6159	3.509	2.451 to 5.023	6.859	<0.001	100.00	100.00

Heterogeneity, Q=78.7471, degree of freedom = 16, p<0.0001, I² (inconsistency) = 79.68%

There are 15 trials for determining the risk of all grade hypertension including 13,070 patients (6911 in bevacizumab and 6159 in placebo group). The relative risk of hypertension with the patients treated with bevacizumab and concurrent therapy was 3.509 times more than placebo and concurrent therapy with 2.451 to 5.023 C.I and the p value statistically significant in random effect model.

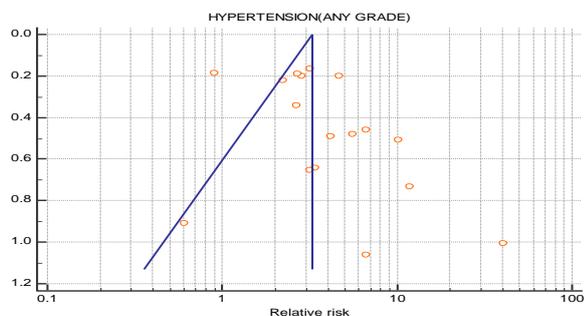


Figure 2: Funnel plot of bevacizumab vs placebo of all grade hypertension.

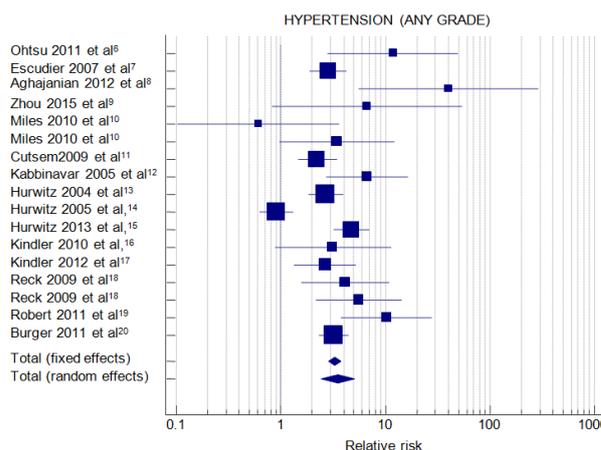


Figure 3: Forest plot of bevacizumab vs placebo of all grade hypertension.

There are 11 trials for determining the risk of grade 3 hypertension including 8799 patients (4550 in bevacizumab group and 4249 in placebo group). The

relative risk of hypertension with the patients treated with bevacizumab and concurrent therapy was 3.909 times more than placebo and concurrent therapy with 1.983 to

7.707CI and the p value statistically significant in random effect model.

Table 4: Relative risk of hypertension with bevacizumab of grade 3 and above.

Study	Bevacizumab (N)	Placebo (N)	Relative risk	95% CI	z	P value	Weight (%)	
							Fixed	Random
Escudier et al ⁷	11/337	2/304	4.961	1.109 to 22.206			2.40	7.71
Aghajanian et al ⁸	43/247	1/233	40.563	5.631 to 292.193			1.38	6.04
Zhou et al ⁹	7/140	1/134	6.700	0.835 to 53.732			1.25	5.72
Cutsem et al ¹¹	10/296	3/287	3.232	0.899 to 11.624			3.29	8.59
Kabbinavar et al ¹²	16/100	3/104	5.547	1.667 to 18.456			3.73	8.91
Hurwitz et al ¹³	43/393	9/397	4.826	2.385 to 9.766			10.86	10.91
Hurwitz et al ¹⁴	20/109	3/98	5.994	1.837 to 19.554			3.86	8.99
Hurwitz et al ¹⁵	153/1990	29/1773	4.701	3.177 to 6.955			35.16	11.88
Kindler et al ¹⁶	10/277	3/263	3.165	0.881 to 11.373			3.30	8.59
Kindler et al ¹⁷	23/53	9/55	2.652	1.354 to 5.193			11.95	11.03
Burger et al ²⁰	24/608	43/601	0.552	0.339 to 0.897			22.80	11.63
Total (fixed effects)	360/4550	106/4249	3.225	2.606 to 3.990	10.781	<0.001	100.00	100.00
Total (random effects)	360/4550	106/4249	3.909	1.983 to 7.707	3.937	<0.001	100.00	100.00

Heterogeneity Q=64.6768, degree of freedom=10, p<0.0001, I² (inconsistency) =85.54%.

Table 5: Relative risk of hypertension at low dose (2.5 mg/kg/cycle) in bevacizumab versus placebo.

Study	Bevacizumab (N)	Placebo (N)	Relative risk	95% CI	z	P value	Weight (%)	
							Fixed	Random
Ohtsu et al ⁶	24/386	2/381	11.845	2.819 to 49.771			2.10	9.73
Miles et al ¹⁰	2/252	3/231	0.611	0.103 to 3.625			1.36	7.65
Cutsem et al ¹¹	60/296	26/287	2.238	1.455 to 3.442			23.33	18.08
Kabbinavar et al ¹²	32/100	5/104	6.656	2.702 to 16.399			5.32	14.05
Hurwitz et al ¹³	88/393	33/397	2.694	1.851 to 3.919			30.76	18.46
Hurwitz et al ¹⁴	37/109	37/98	0.899	0.624 to 1.295			32.47	18.53
Reck et al ¹⁸	21/330	5/327	4.162	1.588 to 10.905			4.66	13.50
Total (fixed effects)	264/1866	111/1825	2.312	1.887 to 2.833	8.082	<0.001	100.00	100.00
Total (random effects)	264/1866	111/1825	2.640	1.408 to 4.950	3.026	0.002	100.00	100.00

Heterogeneity Q=40.2178, degree of freedom= 6, p<0.0001, I² (inconsistency) =85.08%.

Table 6: Relative risk of hypertension at high dose (5 mg/kg/cycle) in bevacizumab versus placebo.

Study	Bevacizumab (N)	Placebo (N)	Relative risk	95% CI	z	P value	Weight (%)	
							Fixed	Random
Escudier et al ⁷	88/337	28/304	2.835	1.908 to 4.213			22.33	18.76
Aghajanian et al ⁸	43/247	1/233	40.563	5.631 to 292.193			0.90	2.31
Zhou et al ⁹	7/140	1/134	6.700	0.835 to 53.732			0.81	2.10
Miles et al ¹⁰	11/247	3/231	3.429	0.969 to 12.137			2.19	5.02
Hurwitz et al ¹⁵	153/1990	29/1773	4.701	3.177 to 6.955			22.81	18.88
Kindler et al ¹⁶	10/277	3/263	3.165	0.881 to 11.373			2.14	4.92
Kindler et al ¹⁷	23/53	9/55	2.652	1.354 to 5.193			7.75	12.03
Reck et al ¹⁸	28/329	5/327	5.566	2.176 to 14.237			3.97	7.89
Robert et al ¹⁹	81/817	4/413	10.237	3.777 to 27.740			3.52	7.24
Burger et al ²⁰	139/608	43/601	3.195	2.314 to 4.413			33.58	20.85
Total (fixed effects)	583/5045	126/4334	4.134	3.426 to 4.988	14.817	<0.001	100.00	100.00
Total (random effects)	583/5045	126/4334	4.036	2.948 to 5.525	8.704	<0.001	100.00	100.00

Heterogeneity Q=17.1782, degree of freedom= 9, p=0.0462, I² (inconsistency) =47.61%.

There are 7 trials for determining the risk of hypertension at low dose (2.5 mg/kg/cycle) including 3691 patients (1866 in bevacizumab group and 1825 in placebo group). The relative risk of hypertension with the patients treated with bevacizumab and concurrent therapy was 2.640 times more than placebo and concurrent therapy with 1.408 to 4.950 C.I and the p value statistically significant in random effect model.

There are 10 trials for determining the risk of hypertension at high dose (5 mg/kg/cycle) including 9379 patients (5045 in bevacizumab group and 4334 in placebo group). The relative risk of hypertension with the patients treated with bevacizumab and concurrent therapy was 4.036 times more than placebo and concurrent therapy with 2.948 to 5.525 C.I and the p value statistically significant in random effect model.

DISCUSSION

Our meta-analysis shows that bevacizumab is associated with a significant increased risk of hypertension in patients who received treatment for metastatic cancers of lung, ovarian, colorectum, pancreatic and kidney which were similar to the results of study of Xiaolei Zhu, Shenhong Wu, William L. Dahut, Chirag R. Parikh. With the increasing use of angiogenesis inhibitors in patients with several metastatic cancers because of the associated survival benefit, it is important that oncologists, internists, and nephrologists monitor and manage these side effects appropriately to ensure that patients receive maximum benefit from bevacizumab therapy.

As expected, hypertension of grade 3 or higher was significantly more common with bevacizumab than without it. Although the risk of hypertension appeared to be cumulative.^{21,22} The clinical significance of severe hypertension is evident because of associated cardiovascular complications. Indeed, severe hypertension can require hospitalization or discontinuation of bevacizumab in many of patients; complications may include hypertensive encephalopathy, central nervous system hemorrhage, reversible posterior leukoencephalopathy, and congestive heart failure.²³ In addition, high-grade hypertension may lead to arterial thromboembolic events, which were significantly increased in cancer patients treated with bevacizumab.²⁴ Therefore, it is particularly important for all health-care providers and patients to recognize the risk, and to monitor and treat hypertension timely and appropriately.

Efforts are ongoing to understand the mechanism of hypertension associated with angiogenesis inhibitors. The binding of VEGF to its corresponding receptors can enhance microvascular permeability, initiate cell division and migration, and impede apoptosis and senescence. Inhibition of VEGF effect may cause decreased endothelial renewal capacity and increased apoptosis. In addition, it interferes with endothelial cell production of

vasodilators such as nitrous oxide and prostacyclin, leading to vasoconstriction. Similar effects of VEGF antagonism in kidneys may contribute to the development of hypertension. Appropriate VEGF expression in endothelial cells and podocytes of kidneys maintains a normal glomerular structure and function. Disruption of the VEGF signaling pathway leads to inhibition of nitric oxide synthase, thereby reducing nitric oxide and prostacyclin synthesis. This in turn renders a vasoconstrictive effect and decreased sodium ion renal excretion, resulting in elevated blood pressure. In addition, hypertension may be related to vascular rarefaction, a functional decrease in the number of arterioles and capillaries generating an increase in peripheral vascular resistance.²⁵

In clinical trials, bevacizumab-associated hypertension was managed with oral antihypertensive medications. The choice of antihypertensive therapy for management of this secondary hypertension is still under debate.

CONCLUSION

The association of hypertension with new agents presents a challenge for recognition because many RCTs may not be powered to reveal a significant relationship. Our meta-analysis of 15 RCTs has overcome this limitation of individual trials and demonstrated that bevacizumab may be associated with a significantly increased risk of hypertension in patients with a variety of metastatic solid tumors irrespective of dosing.

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Ethical approval: Not required

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